

# FRANKFURT BOOK FAIR 2024 RIGHTS GUIDE



# ABOUT AUSTIN MACAULEY PUBLISHERS

#### Welcome!

At Austin Macauley, we are proud to be one of the fastest growing hybrid publishers in the UK since our inception in 2006. Our offices in Cambridge, London, New York and Sharjah are a testament to our worldwide presence in the book industry, award-winning teams and author-centric work culture.

We are committed to bringing together the voices of authors from around the world, guiding their books centre stage and providing a universal platform from which they can read.

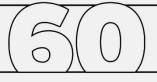
Our publications range from Fiction to Non-Fiction and Children's to Young Adult's, with a story for everyone in Print, Digital and Audio format in both Arabic and English.



CHILDREN'S & YOUNG ADULT

**ADULT FICTION** 

ADULT NON-FICTION









CHILDREN'S & YOUNG ADULT

# **CHILDREN'S & YOUNG ADULT**

CHILDREN'S & YOUNG ADULT





# Plastic Bottles on the Beach by Harold Stein

Plastic Bottles on the Beach is our new book that was created as a companion to the previous book entitled, Plastic Bags in Trees. This work is meant to further highlight the serious problem we face with the plastic pollution of our beaches and seas. Together with three of my grandsons we put together our thoughts, images and observations as well as proposed solutions to this ecological scourge. We hope to make the readers more aware of this problem and promote ongoing and new cleanup activities. This book provides educational material as well as civic engagement ideas to young readers.

## **Author:**

Harold David Stein is a retired physician and proud grandfather of five grandsons. He has written scientific articles in peer reviewed medical journals and taught residents and medical students for many years. He has participated in several international medical aid missions and has a serious concern about the health and welfare of the planet that his grandchildren will inherit. This book is a collaborative effort with his grandsons, Lev, Ilan and Noam. The author and his wife split their time in Florida and New York City.

Publication date: September 2024

Extent: 24 pages



# Is This a Hat? by Louise Hanson

This charming picture book introduces young readers to various clothing items, playfully asking if each one is a hat.

From a vest to a jumper, trousers to socks, and shoes to the final reveal of an actual hat, children will love guessing along and learning about different garments.

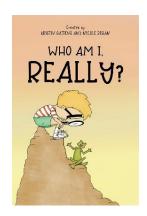
Make getting dressed fun and help develop your child's reading skills at the same time with these delightful animal friends!

## Author:

Louise Hanson lives in a village situated on the Pennines in the Northwest of England. She is married and has four daughters and a growing number of grandchildren who are the inspiration for the book. She enjoys running over the nearby moors, baking and eating cakes and spending time in Devon.

Publication date: July 2024

Extent: 18 pages



# Who Am I, Really? by Kristin Gattens & Nicole Regan

It is a regular day in the garden until Ned receives a mysterious message from 'the thought' that leaves him puzzled yet determined to find answers to some very big questions:

Who are you, really?

And what makes you, you?'

Ned soon discovers that who he believed himself to be is perhaps not who he truly is after all!

So, who is he, really?

Confused by his magical experience Ned visits his Nanny next door, who always knows just the right thing to say.

Ned's fantastical adventure will inspire children of all ages and their adult friends to explore the spirituality of who they really are.

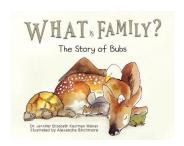
## **Author:**

Nicole Regan's most recent move has been from Vancouver, Canada to the jungles of Costa Rica. She is a nurse with an extensive background in palliative care and has supported patients and families in various hospitals and a children's hospice. Nicole teaches yoga and meditation online and spends her free time creating art, attempting waves, and concocting fabulous new adventures with friends and family.

Kristin Gattens is originally from Vancouver, Canada, and now lives in a seaside village on the South Coast of England. Kristin is an empowerment coach who helps clients worldwide, and also co-hosts the podcast "Your Money Psychology." Kristin's heart beats a little quicker when she is marvelling at everyday magic, belly laughing with friends, exploring new places, and helping other people enjoy being themselves.

Publication date:September 2024

Extent: 48 pages



# What is Family? by Dr. Jennifer Elizabeth Kaufman Walker

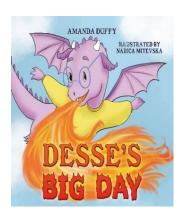
When Bubs wakes up all alone, she feels scared and unsure of what to do. What is Family? is a story of a young deer named Bubs who is searching for her family. Follow along on her adventure to discover the true meaning of family while meeting her friends along the way. In the end, Bubs finds more than she ever imagined.

## **Author:**

Dr. Kaufman Walker was born in Kitchener, Ontario, Canada, and moved to Alexandria, Virginia, as a child. She attended TC Williams High School and received a Bachelor of Science in Psychology at Lynchburg College (now The University of Lynchburg), a Master of Arts in Community Counseling at Marymount University, and her PhD in Counseling with an emphasis in trauma, crisis, and substance use from George Washington University. Dr. Kaufman Walker is a licensed counselor in Virginia, West Virginia, DC, Maryland, and Florida. She works with children and adults and specializes in trauma, crisis, and grief and loss in Middleburg, Virginia. She currently lives in Bluemont, VA, on Chance Farm with her husband, two children, and a menagerie of animal friends. She found inspiration to write What Is Family? through her experiences with children in foster care and the dearth of resources discussing the concept of family. Her vision materialized when she welcomed Bubs, an orphaned deer, into her home, nurturing her until she was prepared to venture out on her own.

Publication date: September 2024

Extent: 28 pages



# Desses's Big Day by Amanda Duffy

It's Desse the Draggo Raptor's first day of school.

He's scared and nervous, will the other dragons be cruel?

Desse is different in more ways than one,

He's worried this might stop him from having fun.

Will Desse be able to breathe fire and fly?

All he's ever wanted is to fly sky-high.

Or will he shed a tear and feel self-doubt?

Spread your wings and start reading to find out!

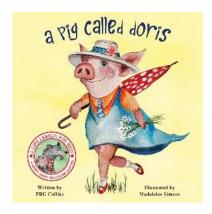
## **Author:**

Amanda has been in education for over 30 years, teaching in Japan, Tokyo, Shanghai, Hong Kong, Singapore and now Ireland. Throughout all the changes that a transient lifestyle presents, she has built a career based on her passion for supporting young children with additional needs.

Amanda's first book is set where she resides and works now, within a quaint village Primary School in beautiful rural farmland in County Mayo, Ireland. It is the people, animals and affinity for the natural elements that surround her which inspired her to write *Desse's Big Day*. In particular, she identifies with the vulnerability of children starting school and wanted to dedicate a book to them where being different is celebrated.

Publication date: June 2024

Extent: 44 pages



# A Pig Called Doris by PRG Collins

Doris was a happy and carefree pig, very friendly, curious, and trusting of all the people and animals around her.

When approached by a stranger, the local wolf from the woods, Doris didn't realise he might be dangerous!

He first seemed nice and friendly – but Doris soon got a big surprise when his true colours were revealed.

Read on to find out what happens to Doris and if she manages to get away from the deceitful wolf!

## Other titles in the series:

# A Snake Called Monty

Monty saw some young boys playing with matches and lighting a fire in the bush, even though they knew they shouldn't be doing it!

When the fire got worse, and one of the boys, Andy, fell in its path as he tried to escape it, Monty had to quickly take his family to the safety of the river nearby as the boy's father ran to help his frightened son.

What happened to Andy?

What lesson did he and the other boys learn?

## A Zebra Called Hoops

Hoops was one fine zebra! He was happy, he was healthy, he was fast, he was handsome...but he looked different to the other zebras...and they noticed.

Some of them said things to him that made him feel sad. Instead of his stripes running down his body from top to bottom, they ran across his body from head to tail! He didn't feel any different but he looked different. When his best friend, Zac, decided to show the other zebras that Hoops was really no different inside than all of them, he worked out a special way to prove it to them!

Find out what happens next. What do you think happened that night? How do you think Zac showed the other zebras that Hoops wasn't any different to them?

Join Hoops to learn about special needs.

## A Tiger Called Luger

Luger was a handsome young tiger who, for some reason only known to him, just wasn't happy with the way he looked! He tried everything he could to change the way he looked! He tried rubbing his stripes off, washing them off, covering them up with mud...because he wanted to look like someone else, like a lion.

Find out what happens next. Does Luger manage to hide his stripes?

Join Luger to learn about being yourself.

# A Monkey Called Smoochie

Smoochie had five sisters and a brother, and he'd lived in a huge forest tree with his mum and dad his whole life! The chatter they made could be heard right across the treetops; so much laughter, games and playtime. But sometimes he would hear his parents getting angry and yelling at each other too.

One day when Smoochie saw his father leaving their tree and his mother sitting

high up in their tree with her head in her hands, Smoochie started to worry. When his father didn't come home, he began to worry even more. Find out what happens next. How does Smoochie and his family adjust to the new situation?

Join Smoochie to learn about separated parents.

## A Giraffe Called Stretch

Stretch was a huge, playful, gangly, hungry young giraffe! But he was also nosy, inquisitive, curious and adventurous...his big long neck enabled him to put his nose into places it maybe shouldn't be put.

He lived in a big safari park in South Africa, and every time he strolled past the Lodge kitchen, Stretch could smell delicious smells coming his way! Even though he knew he shouldn't put his nose into other people's business, Stretch just couldn't help but find a way.

Find out what happens next. What kind of trouble does Stretch get into in the kitchen?

Join Stretch to learn about being nosy.

## A Fish Called Goldie

Goldie loved her life with Mrs Tilley! The goldfish bowl was right near the window in the lounge room, and Goldie just smiled so much. She was so happy to be living there! Mrs Tilley was very kind. She gave her lots of tasty flakes to eat, rocks and reeds for Goldie to play around and put a cloth over her bowl at night to keep her warm. But one day an ambulance came and took Mrs Tilley away. Goldie was alone.

When Mrs Tilley's son took Goldie to a pet shop to sell, Goldie wondered what would happen to her. Find out what happens to Goldie next. Do you think smiling would help Goldie find a new home?

Join Goldie to find out about staying positive.

## A Dog Called Ruffy

Ruffy is a lonely little dog who lives by the seaside and sustains himself with scraps from the rubbish bins along the beach car parks.

One morning when he decides to beat the heat and take a dip in the ocean, he hears a voice across the water calling for help. He barks as much as he can to try and get people to see the little boy in trouble but nobody takes any notice. The crashing waves are too loud and everyone is playing games and laughing!

Find out what happens next! Will Ruffy end up alone again by the rubbish bins, or will he get a new home and a warm kennel?

Join Ruffy to find out about learning to swim.

## A Cat Called Cookie

Cookie was a little black cat who was always exploring the house, the backyard and the trees around the house he lived in with Mrs Prentice.

When he was chasing a fat mouse one day, Mrs Prentice put her straw broom in his way and told him to stop chasing the mouse! Cookie wanted to tell Mrs Prentice that the mouse was running into the kitchen to eat her breakfast toast on the table, but she didn't give him a chance to give his side of the story?

Find out what happens next. When Mrs Prentice walked back into the kitchen, what do you think she saw? Did she then understand what Cookie was trying to tell her before?

Join Cookie to find out about being fair.

# A Bird Called Swoopy

Swoopy is a black and white magpie who lives high up in a gum tree with his Mum and Dad, just near a golf course.

One day when his parents are away finding food, he sees a pretty pink golf ball plop along the green grass below their nest. He flies down, picks it up, and takes it back up into the nest. He hears a man shouting something but doesn't think anything's wrong?

When his parents come home, they tell him it is wrong to take things that don't belong to you, and they push the ball back out of the nest down onto the ground. But the next day, Swoopy sees another ball, and he can't resist! What happens next?

Join Swoopy to learn why stealing is wrong.

## A Bear Called Bruno

Bruno is a big, old, kind and handsome bear who has six children and two grandchildren!

They all live in the wilderness amongst hundreds of trees and bushes alongside a fast-flowing river. Life is good until one day when Bruno sees his granddaughter, Coco, looking sad, standing alone on the riverbank.

When she says everything is OK, Bruno goes about his day as usual. But later that afternoon when he passes by the river again, he notices Coco is still there, and has salt marks coming down from her eyes.

He knows something is wrong! It's not until he visits Coco's school that he finds out Coco is being bullied. After Bruno speaks with her teachers and with the parents of the naughty bears, school life returns to normal for Coco... and for the bullies.

Join Bruno to learn about why bullying is wrong.

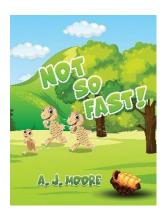
## **Author:**

With four children under five, living on a small farm near Melbourne, the author respected the need for their careful education and sensible discipline and told them stories, based on farm and wild animals, that would impart to them life lessons for their paths ahead!

With the passage of time, some twenty-five plus years, these stories have now been put down in writing and published for children everywhere who will face similar challenges and choices in their own lives that the author's children successfully met in theirs.

Publication date: September 2024

Extent: 34 pages



# Not So Fast! by A.J.Moore

'Lightning fast, impossible to catch, and you thought they just hatch!'

These new parents are soon to discover that they are in for a big surprise.

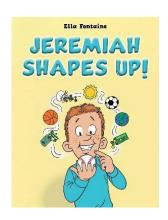
At the same time, they discover something new about themselves in their life as parents and as tortoises. Putting their minds together and working as a team, they finally resolve the problem that their little one presents them. And along the way, have some fun themselves. Strap yourselves in!

## Author:

A. J. Moore is a primary school teacher in Rome. He credits his son and children he teaches as a great source of inspiration for his creation of short stories and characters. He communicates and implies the morals his stories convey by humorous and catchy observations that lead the reader on their journey of imagination.

Publication date: September 2024

Extent: 30 pages



# Jeremiah Shapes Up! By Ella Fontaine

The bell rings to end another day at school but for Jeremiah it is only the beginning of an outrageous adventure in shapes. Jeremiah Shapes Up! is a story that takes the young reader on an exploration of three-dimensional shapes by introducing them through the tantalizing world of narrative fiction.

Children of all ages will make connections with important math concepts as they join Jeremiah on an exploration of geometric solids in the real world. It is an educational adventure that turns an ordinary day into an extraordinary one and leaves the reader in awe about the importance of numbers to the world.

## Author:

Ella Fontaine is an elementary educator with a special interest in the area of literacy. She values the power of literature to motivate a love of learning in children and shares this story to foster the imagination of young readers as they discover the engaging world of geometric solids. The inspiration for this story came from enthusiastic young learners who moved the author to find creative ways to introduce concepts in math.

Publication date: September 2024

Extent: 34 pages

# Don't Call Me a Scaredy Cat



# Don't Call Me a Scaredy Cat by B.J.Strickland

Don't Call Me a Scaredy-Cat tells the story of a young boy with many fears. During a family trip, a poor decision leads him on an unexpected journey to confront those fears head-on. The adventure takes a dramatic turn, culminating in a heartwarming reunion with his loving father.

This touching tale allows parents and children to explore the transformation of fear into courage, learning together how to become true overcomers.

## Author:

B. J. Strickland is a retired pediatric nurse practitioner who spent many years working with and caring for children. She is a mother, grandmother and great-grandmother. She is also a celebrated artist; her works have been displayed in multiple galleries. BJ's love of children and art are combined in this book, along with her desire to encourage all children to strive to overcome fears and challenges and live life to God's full potential.

Publication date: September 2024

Extent: 36 pages



# Lost and Found by Trish Hunter

Can you imagine losing your name? Yet this is what happened to Esme when a fun day in the park turned into something quite unexpected.

Luckily, a magic gnome and all his furry friends appeared.

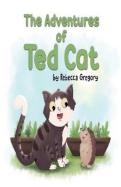
But could they help? Where had her name gone? Would she find her way home?

## **Author:**

Margaret Chandler is an illustrator and painter, she trained at Brighton Art College. She is presently living in Chester, working from her home studio. Margaret has had a number of exhibitions in the Netherlands and UK. *Lost and Found* is her first book collaboration working with author Trish Hunter who has been writing poetry for many years. This is the debut children's story.

Publication date: July 2024

Extent: 18 pages



# The Adventures of Ted Cat by Rebecca Gregory

Ted the cat loves adventures. He also loves milk, chicken, and afternoon (all day) naps. He's fluffy, cuddly and likes to cry for his breakfast at 6am!

Make your way through beautifully created illustrations which will make you feel part of the story.

Join Ted and the other cats and animals of Bayford Road on this new adventure of friendship, sunshine, and flying hedgehogs!

## Author:

Rebecca is a primary school teacher from the West Midlands. She loves reading a range of children's books to her class and will go straight to the children's section in any book shop. There have been many books that have inspired Rebecca to write her own children's story, and *Ted the Cat* seemed the perfect topic.

Publication date: June 2024

Extent: 36 pages



# Why Does Nanna Forget? by Richard Savva

Collette struggles to understand why her Nanna always forgets. It gets even harder when she forgets Collette's name.

Her parents try to explain.

Collette decides she can help her Nanna.

This story helps parents discuss with their children how loss of memory doesn't affect how we love our family, we just need to listen and help.

## Author:

Richard has always loved stories and now, as a grandparent, he has decided to pen his first children's story after 40-plus years in the business world stretching from his hometown of Preston, Lancashire, via Spain, Greece, and America to where he is now settled in Melbourne, Australia. He is looking to help parents and children cover situations which might be difficult. With unquestioning support from Jill, his wife of over 30 years, here is the first of hopefully many books.

Publication date: September 2024

Extent: 28 pages



# The Sofa Troll by Paul Jacobson

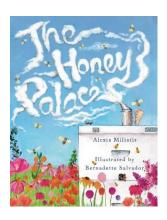
Have you ever sat on your sofa and realized that your TV remote has gone missing? Have your sweets vanished into thin air? Maybe your grown-up can't find their keys? Well, this book may hold the answer to all these and many more mysteries: The Sofa Troll. Sitting alone on your sofa will never be the same again, after going on an adventure with the crafty little critter, who is happily inhabiting your sofa. He hoards all sorts – from important receipts to your pocket money pound coins. However, after being sucked up in a harrowing hoover incident, the sofa troll's future is in jeopardy – will he be dumped with the rubbish or can this cute collector relocate and get back to stashing his stuff?

## Author:

Whilst growing up, Paul Jacobson enjoyed telling whacky jokes and surreal stories. Every family pet was given an alter ego - dogs were undercover government agents and tortoises were master criminals on the run. If Paul was ever late for tea after football, it was probably due to an alien abduction or a deadly squid escaping from the local aquarium and blocking the road. As Paul has grown up, his sense of humour remains the same. If he's not at the beach or walking on the moors with his wife, Becky, and cockapoo, Lola, he's probably cracking jokes and telling stories.

Publication date: June 2024

Extent: 22 pages



# The Honey Palace by Alexia Miliatis

Venture through the garden, past the whisper of the trees, to a place like no other;

the home of the bees.

Learn about their lives, the incredible jobs that they do, find answers to secrets, that you never knew.

Unlock curiosity and knowledge about these amazing things. So much more than just their buzz, their wings or their stings.

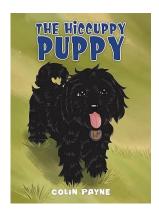
Magic and beauty is found here in the hive; The Honey Palace is waiting, for you to arrive.

## Author:

Alexia Miliatis is a beekeeper and creative, originally from Auckland, New Zealand. Fuelled by a passion for environmental sustainability and community collaboration Alexia and her husband began Mili Bees in 2020, a company that aims to boost urban bee numbers and create sustainable products. She resides in Sydney, Australia with her husband, three children, her French Bulldog and over two million bees.

Publication date: June 2024

Extent: 34 pages



# The Hiccuppy Puppy by Colin Payne

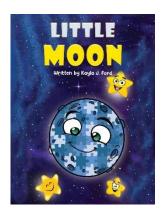
Danger, excitement, thrills, spills, and chills! Await our puppy hero today. Hiccup! Hiccup! Hiccup! What strange sounds were coming from this poor unfortunate dog? And why won't they stop? This was not the ordinary day this puppy had planned. Join this amazing doggy on an incredible adventure as their day goes from bad to worse and a cure is sought after from everywhere and anywhere. Will this day ever end? Will this puppy get the help they need? Will they get the peace and quiet they long for? As one calamity leads to another and another, there's only one way to find out... Hiccup! Hiccup!

## **Author:**

Colin Payne is a postman from Bristol, where he has lived for most of his life. He has two children of a bothersome age and a partner whose age shall not be mentioned.

Publication date: June 2024

Extent: 28 pages



# Little Moon by Kayla J. Ford

Little Moon has always felt out of place amongst the stars.

Fly through the universe with little moon and Mr Evening Star to uncover the secret to happiness with a journey through space as Little Moon discovers his differences, strengths, and self-worth.

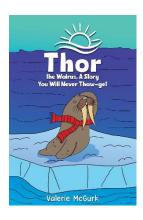
This tale follows a child with autism overcoming self-doubt and understanding the importance of individuality.

## **Author:**

Kayla lives on the Gold Coast with her husband and five children. She's a full-time childcare teacher and writes and reads any chance she gets.

Publication date: June 2024

Extent: 46 pages



# Thor by Valerie McGurk

The water is getting warmer, and the ice cap is melting. Thor, the walrus, is at risk of losing his homeland.

Thor lives in the seasonally ice-covered waters of the Arctic Circle with his mother, his friends, and the elders. The ice is brittle and breaks easily. Thor hears the elders talk about climate change and wonders what it means. Being named after the god of thunder, Thor decides he is a brave walrus who will one day embark on an adventure to explore far-off lands to find out more. One night, the ice breaks, and Thor floats away, leaving his mother, his friends, the elders, and his homeland behind. Thor's adventure has begun.

As he enters warmer waters, his floating iceberg gradually melts until it disappears. Thor is on his own and swims for hours, looking for food and a place to rest. He visits coastal villages and a herring festival where the air is thick with the smell of fish. Every time Thor stops to rest and regain his strength, a crowd gathers, and Thor wonders why. He feels lost and alone, listening to the crowds. People were excited to see him. Men in orange coats kept the crowds at bay, but Thor was never far from the water's edge and would grunt if people came too near. He kept hearing the words 'global warming,' 'climate,' and 'change.'

If people didn't act, his homeland would be lost. Thor decided that his journey could make a difference. While he majestically and playfully showed himself off, he hoped that Thor the walrus would never be thaw-forgotten.

Author:

Valerie discovered a love of storytelling when she began making up stories to

her young sons and developed her communications working as a nurse for

more than 40 years, specialising in paediatrics.

An avid reader, Valerie understands the importance of reading to children and

spent time in a primary school as a volunteer and a school governor. She

enjoyed following Thor on his epic journey and was intrigued by the interest

shown by the public.

Thor the Walrus, A Story You Will Never Thaw-get is Valerie's first book. She

wanted to recreate his travels in a story appealing to younger readers as well as

getting everyone to think about climate change and its affects, not only on

people but also to animals and wildlife.

Valerie believes reading can be an escape or an adventure and hopes people of

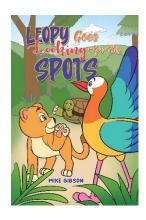
all ages will share her joy at reading about Thor's travels.

Publication date: May 2024

Extent: 40 pages

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# Leopy Goes Looking for His Spots by Mike Gibson

Leopy, a curious baby leopard, is born without his spots, just like all little leopards. As he grows, he becomes envious of the older leopards and their beautiful spotted fur. Leopy simply can't wait to have spots of his own, so he embarks on a journey to find them. Along the way, he makes new friends and has countless adventures.

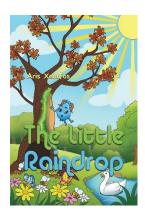
Where will Leopy's quest take him? Who will he meet that can help him find his spots? Will he finally discover the secret to getting his very own spots?

### **Author:**

Mike Gibson was born in Somerset in 1942. He emigrated with his parents to Australia in 1953, then returned with his wife, Daphne, to England for a few years, before moving to Germany in 1973, where they now reside. After a career in computer system design for commercial applications, Mike retired in 2006. Since then, he has devoted his time to voluntary work, particularly teaching English to mentally handicapped people and supporting the elderly. A grandfather to five, Mike has always enjoyed creating stories for their enjoyment.

Publication date: July 2024

Extent: 40 pages



# The Little Raindrop by Aris Xenofos

The Little Raindrop was inspired by the author on an October morning, while he and his young boy, were waiting for the morning school bus when raindrops started to fall. The book pictures the answer to children's question "How is the rain made" in a funny, charming, and adventurous manner, while at the same time conveying the message of how valuable water is to our planet Earth but also how important and what wonderful things we can achieve with our friends if we embrace and help each other.

The guest star, The Little Raindrop, starts her journey from her grey cloud up in the sky, falls to the surface of the Earth, then is carried away by the river in picturesque places, discovers new friends, plays around with bees and swans, before starting its return back to the sky in an "unexpected" way.

The Little Raindrop with its accessible, dynamic, and engaging language throughout, manages to captivate its young readers, making this a story that children could share aloud with their guardians.

## **Author:**

Aris I. Xenofos was born on October 1st, 1963 in Kefalonia, the largest western island in Greece, located in the Ionian Sea, between Greece and Italy. In 1966 he moved with his parents to Zakynthos, an Ionian island to the south of Kefalonia where he stayed until the end of his elementary school years, before moving permanently to Athens.

Xenofos is married with two children. He is an economist in the profession, a former horse-riding athlete, and a Karate trainer.

The Little Raindrop is his first children's book inspired by his two sons.

Publication date: May 2024

Extent: 24 pages



# Nessie and His Six Most Exciting Adventures by Tony Cross

Six charming and funny stories for small children about a very friendly but very large monster that lives at the bottom of Loch Ness.

Nessie is very kind and always tries to do good things, often with very funny results.

The stories you can look forward to are: Nessie and the Fire Engine, Nessie in the Snow, Nessie and the Elephant, Nessie Helps His Friends, Nessie Goes on Holiday and Nessie and the Fishermen.

## **Author:**

Tony Cross is English, but has lived in Norway since 1986, and is married to a lovely Norwegian lady named Sylvi. He has 11 grandchildren and three great-grandchildren. Sylvi, his wife, was very patient with him when he sat down over many weeks, and wrote the book. He frequently asked her questions like "Do you know what Nessie did today?" She would reply something like "No dear, what did he do today?"

Publication date: August 2024

Extent: 55 pages



# My Doodle is a Little Different by Roselee Guinness

Some people might say that my Doodle is a little different from the other boys and girls, as she has a disability. The only difference I see, her smile is the most beautiful thing in the world and you get lost in her eyes...

This book is about a young girl with Rett Syndrome who has been a massive inspiration to many people's lives. The book has been written to try and help others gain more knowledge about Rett Syndrome and finding a cure, as well as helping families in the meantime.

Rett syndrome is a unique genetic condition caused by the X chromosome having an abnormality. This then causes the brain to develop slightly dissimilar to other brains, which could leave some people without any speech and the ability to walk.

The word 'Rett' does not define my Doodle, she is just like you and me....

The message of the book is to show young children with disabilities that they should be proud of who they are and that a disability doesn't define anyone as a person. We all are disable, one way or the other. If everyone was to be the same, then the world would be a boring place.

## Author:

Roselee Guinness is an author who has released two books previously, 'My Doodle is a Little Different' and 'My Doodle goes on Holiday,' to raise awareness of Rett Syndrome and tell the story of Doodle and Rosie on their adventures. This has inspired Roselee to write her third book in the series to continue telling

funny and inspiring stories about Doodle and how she is no different to anyone else.

Publication date: November 2022

Extent: 22 pages



# Drumbalo and the Seeds of Hope by Stephen Winteroaktree

An exciting adventure awaits six-year-old Asteria, as she meets her star friend Drumbalo in a quaint farm in the South of Spain. Drumbalo comes to her aid to lift the heavy feeling that the COVID-19 lockdowns had on children, adults, and elderly folk in 2019. Each of the seven chapters touches an emotional chord with pandemic related issues such as, the dare situation that many businesses and farms suddenly found themselves in, the old people's homes during lockdown, the wet markets' cruel reality, and the way we can better look after our planet Earth. This funny, sad, but hopeful story strives to make this a family book to help parents discover how living with the COVID-19 pandemic influenced their children, thereby enabling to discuss and share their feelings.

## **Author:**

Born in La Mancha, where Cervantes decided to have D. Quijote born, I have always been much more interested in the exciting possibility of the familiar windmills being enchanted giants than the industrious mechanics that made them work. As a school teacher for over 30 years, I have discovered that children take learning much more passionately when there is an element of surprise or creativity in the subject we are addressing, so I have always tried to enhance their imagination with stories and interactive plays.

Publication date: January 2024

Extent: 66 pages Rights available: All rights



## ADULT FICTION





### Digital by Calvin D.Atchison Sci-fi

Two hackers are involved in cyberattacks in two different geographical locations. Shaun Wilson, an FBI agent, has his work cut out for him. He has been recently assigned to the Cyber Crime Unit, only to find out that he is a victim with no privacy at home; especially when he shares his intimate moments with his lovely wife, Carol.

Enrique Hernandez, who lives in New York City and hacks for monetary gain, finds himself in the home of Shaun Wilson, among other things.

Mark Sandler, who lives in Miami, slows down, intercepts, manipulates, interrupts, or shuts down PCs, laptops, tablets, and smartphones, just to cause mayhem.

Meanwhile, Xeron's location is unknown. Although he runs an underground operation, he sells everything unimaginable from firearms to drugs laced with fentanyl, bringing in well over \$2 million a month.

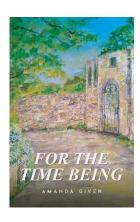
Agent Shaun Wilson must follow departmental guidelines and protocol without violating anyone's constitutional rights. Time isn't on his side and, before it's over, the law may not be on his side either. Simply put, he must work fast. His job will never be over until he brings the evildoers to justice. The cat and mouse games seem to never end.

Agent Shaun Wilson discovers that he is not in a battle, but at war: in Cyberspace.

Calvin D. Atchison, a native of Spartanburg, South Carolina, is an inspired author/writer of novels and screenplays. He is a soulmate to two teenage children, and parents, which keeps him inspired. Other interests include film production and aviation. He earned his BS degree in Business Management from Boricua College, New York City. He has also obtained a Paralegal Certificate from New York Paralegal Institute, New York City. His credits consist of the following: Drug Bust, Baggy Pants, Digital, Cross Lives, Cross Lives Revenge, Ransom Key, Air Covid, Kidnapped Without Ransom and The Gambler. Currently he lives in Baldwinsville, NY.

Publication date: August 2024

Extent: 172 pages



## For the Time Being by Amanda Given Contemporary

This is a novel about the discovery of age. For the Time Being heralds changed ownership for upmarket care home Grantham Glade.

After *Making Old Bones, For the Time Being* offers more insights and observations about the residents, their families and staff. In those busy corridors, flights of fancy, journeys of discovery, the gentle rolling of the day-to-day or, from time to time, the ache of grief make up the fabric of care now that the Baby Boom has become the Elder Epoch. Springtime sees the burgeoning of business for the owners and some of the staff with an uplift in the spirits of residents who have made or have been made to regard Grantham Glade their home.

In the beginning of this new year, under its very new, very corporate mantle, Grantham Glade has been startled by a fate that is possibly more difficult to manage than death when it is discovered that someone is has gone missing...

#### **Author:**

Amanda Given spent a peripatetic childhood in England and Northern Ireland before her family moved to Tasmania when she was a teenager. She studied English, Speech and Drama at university.

Publication date: September 2024

Extent: 218 pages



## The Stag's Head by Peter J.Thomas Contemporary

When Ken, the previous landlord of The Stag's Head, committed suicide, the pub sat empty for a while until three young men took over running it. Could they make a success of this lonely old pub in the heat of the Herefordshire countryside? Would their lives simply devolve into tedious conversations about the state of the crops with local farmers? Not if they could help it!

The new landlords had plenty of fresh ideas for how to transform The Stag's Head into a popular village pub and real community hub. And for one of the men, taking over operations also unexpectedly led him to find love along the way.

He whom love touches not walks in darkness'

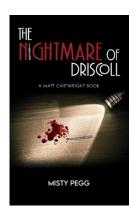
- Plato

#### **Author:**

Angela Young is a teacher and writer living in beautiful California. She has published numerous research articles, but her true love is for storytelling. Angela worked in the technology field and started a technology-based business early in her career.

Publication date: July 2024

Extent: 208 pages



## The Nightmare of Driscoll by Misty Pegg Thrillers

Every serial killer has to start somewhere, somehow. Officer Matt Cartwright is a small-town cop who isn't expecting a serial killer to choose his town to terrorize and kill the residents.

FBI Agent Christina Chrystals has been chasing a serial killer and follows him to Driscoll TX, where things take an unexpected turn.

Thrown together, these two must do everything in their power to stop him before things get worse.

#### Author:

Misty is a stay-at-home mom of three kids and has been married for 2 years. She enjoys cooking and reading the latest crime novels. Horror movies and scary stories are her favorite things to curl up and watch and read. She lives in the Blue Ridge Mountains of VA and loves to chat with her fans.

Publication date: June 2024

Extent: 70 pages



### Mechanical Gods by Anthony Michaels Dystopian

In *Mechanical Gods*, two Special Agents of the Coalition find themselves thrust into a world of intrigue and danger as they investigate an Android bombing in the bustling metropolis of New Washington. In this futuristic thriller, reverse engineered Androids and cutting-edge robotics threaten the stability of the newly rebuilt Western United National Coalition Zones.

Against a backdrop of advancing capitalism and human augmentation, citizens are monitored by biochips, while Augmented Agents walk a fine line between safeguarding national security and sacrificing personal freedom. As the Agents navigate the ever-evolving landscape of Coalition enemies, they must confront their own limitations and adapt to survive in a world where obsolescence looms large.

But beneath the surface lies a web of hidden agendas, forcing our protagonists to question loyalties and uncover truths that could change everything. *Mechanical Gods* is a pulse-pounding tale of technology, power, and the lengths humanity will go to control its own destiny.

Anthony Michaels, born and raised in a small town in Australia, from a young age had an interest in the creative arts, particularly with film, music and poetry which further developed into storytelling, honing artistic expression with an innovative spirit.

Publication date: September 2024

Extent: 72 pages



## Rodney MacDoodle's Adventures Back in Time by Harry Lovegrove

#### Sci-fi

When fourteen-year-old Rodney MacDoodle unexpectedly finds himself transported back to 1990 after using a cash machine, he faces the daunting prospect of reliving the past three decades. Desperate to return to his life in 2022, Rod's hopes are dashed when a rogue policeman steals his bank card, seemingly cutting off any chance of getting back to the present. But an unlikely friendship with a football coach sparks a glimmer of hope, as the two begin to devise a plan for Rod's return.

In Rodney MacDoodle's Adventures Back in Time, Rod must navigate the challenges of multiple time travels, encountering his teenage parents, confronting the village bully, and facing a madman bent on world domination. As he struggles to cope with the pressure of his extraordinary circumstances, Rod's wit, resilience, and newfound friendship are put to the ultimate test.

This captivating tale follows an ordinary teenager on an unforgettable journey through time, as he races against the clock to find his way back home. Filled with humour, heart, and unexpected twists, *Rodney MacDoodle's Adventures Back in Time* will keep readers of all ages on the edge of their seats, rooting for Rod as he battles the forces of time and evil in this thrilling adventure.

Harry Lovegrove lives in Finchampstead, near Reading. Rodney MacDoodle's Adventures Back in Time is the first book he has written. He is a keen Leicester City fan and also works part time as a tennis coach. Harry is a Christian and is a member of Reading Family Church.

Publication date: July 2024

Extent: 102 pages



### A Secret That's Only Ours by Sarah Ciacia Crime

In this sequel to *Justice: Do Not Approach Her,* former high school student Justice Marshall and her teacher Bryce Grills are still on the run from the police for crimes they're both guilty of committing.

Lorna and her father Gareth Godley will do whatever it takes to find them before anybody else does.

But now that Lorna has possession of Justice's diary, she's using it to write her own story, and it's not so very different from Justice's...

#### Justice: Do Not Approach Her

Longlisted for the 2023 Millennium Book Award. Justice is a suicidal teenager whose life is not only saved but suddenly worth saving when she turns the knife on her abusive father. Self-orphaned, she literally closes the door on his body and reinvents herself. Yet some harsh realities never change. Justice is still bullied at school, particularly for her rumoured affair with her science teacher, something they're compelled to explore. But Justice's new life doesn't stay perfect for long, and after her father's body is discovered she decides to pack her bag and run...

Sarah Ciacia was born in 1979 and grew up in Melbourne, Australia where she lives today with her beloved senior golden retriever, Happy, who is a constant distraction from writing. She has a Bachelor of Health Sciences and has earned a living as a senior proofreader and a defence worker. Her novel *Justice: Do Not Approach Her* was long-listed for the 2023 Book Viral Millennium Book Award.

Publication date: September 2024

Extent: 156 pages



#### After Glow by Ana Catarina

#### Romance

I met Ava when we were teenagers. She was hanging from a cliff, and I rescued her. We were young, naïve, and fused instantly. She was mine from that moment on. We secretly snuck around every day for a whole summer. Then she was gone, never seeing her again for twenty years. I never moved on, no matter how much I convinced myself that I had. Years later we collided, literally, and looking into her eyes unleashed the old memories. I lost her once, I sure as hell wasn't going to lose her again.

#### A fresh start? Yes, please!

When fate brought us full-circle, memories flooded as our eyes locked once more. I had lost her before, refused to lose her again.

Seeking a fresh start, I never expected my past to collide with me - But in returning to Vilamor, I found Nick waiting too. We were carefree youths then, with bright futures and innocent love. As adults we couldn't avoid each other, and I soon yearned to reconnect. Accepting his sudden proposal felt too real, too soon, the façade overwhelming me.

Can a long-dormant love truly blossom once more?

An emotional second-chance romance portraying grief, personal growth, and the transformative power of rekindled connections – ultimately leading to a satisfying, happily-ever-after.

#### **Author:**

Ana Catarina was born in Portugal to a working-class family before immigrating as a young child to the United States. She has always looked to books for comfort, amusement, and escape. Creating characters and telling stories through them is one of her greatest restorative joys. She enjoys spending time with her family, most of all during the holidays, which is her favorite time of the year with its warm spirit of giving and wonder. She lives with her two children in her childhood home in New York.

Publication date: July 2024

Extent: 206 pages



#### The Love She Forgot by Roxie Holland

#### Contemporary

Beatrice Schofield thought she had everything she wanted in life. She had a loving boyfriend, a great home and a fantastic job. What more could she wish for? Then Beatrice loses everything. Her boyfriend, her home and her job are no longer hers. Shellshocked, she moves in with her brother Ben as she tries to move on from an exploded life, picking up the pieces. She accepts a new job, working behind a bar in the city with her brother's best friend and roommate, Matt. All Beatrice wants to do is move forward and heal from the shock of what happened. Then Beatrice wakes up in hospital after an accident and the last eight months of her life are a complete blank in her mind.

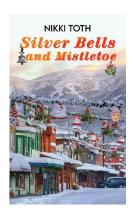
What happened to her boyfriend, her home, her job, why did she walk away from everything? How did she come to own the items she doesn't recognise in her room? What was she doing with her life, who was she with, was she happy?

Beatrice sets on a mission to understand what happened to the life she had loved, and who she became in the time she cannot remember.

Roxie Holland grew up in a large family and spent half of her childhood with her nose buried in the pages of a book, the other half writing her own stories, escaping off into other worlds. Roxie lives in the UK with her husband and two children. She loves to spend time by the seaside, especially if there is an opportunity to sit down and read whilst enjoying some sunshine.

Publication date: September 2024

Extent: 218 pages



#### Silver Bells and Mistletoe by Nikki Toth

#### Romance

It's Christmas time, and Ivy Winters is royally upset. She'd longed to go to the Winter Lights dance ever since she was a freshman in high school, but when she finally gets to go, she is humiliated by her long-time crush, Michael Morgan. She is devastated and runs out of the gym, vowing to forget him and what he did to her, and swears off love forever.

Several years later, she works for a company called Silverbells and Mistletoe. When Michael is sent by an investor to evaluate her store, Ivy and her friends think he's there to help save it; little do they know that the investor, his father, has sent him to tear it down and replace it with a mall.

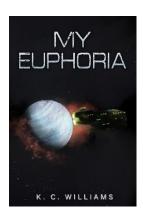
How are these two going to get along after so many years of harbored feelings? Can these two ever overcome what has been between them? And can Ivy forgive him and even find love with him?

#### Author:

Nikki Toth is a freelance writer and poet who grew up with a good book or watching Hallmark Countdown to Christmas. Her love of writing deepened while working at a bookstore for several years.

Publication date: September 2024

Extent: 178 pages Rights available: All rights



#### My Euphoria by K.C.Williams

#### Dystopian

In the year 2264, the human race has found world peace. They've pushed out into the solar system to gather resources for a generous world. Under the banner of the United Space Council. A promising and bright future awaits Karabina. A young woman from the Frankivskyi district of Lviv City in Ukraine. She takes her place at one of their global academies. *An exciting career with a little romance perhaps.* With sufficient training to become a flight officer, Karabina is ready to face any challenge. *Or is she?* 

After quickly finding her feet at Luna Base, she is assigned to the Science and research ship known as The Euphoria. An encouraging name to say the least. Reconnecting with old friends and finding new ones the job seems perfect. But Karabina is not the only new member of its crew. With career hardened prospectors boarding with strange organic material, Karabina's dream job quickly spirals out of control.

Will her new colleagues band together to face the threat? Or will fear and the need for self-preservation take hold? Can she or any other for that matter, escape or even survive the horror that has joined them onboard the U.S.C. Euphoria?

#### **Author:**

K. C. Williams was born in Church Village in 1983 and has remained in the Rhondda Valleys his whole life. He attended college and became a bricklayer at 18 before joining his father and brother in the construction industry. He married his partner of 11 years in 2013 and they currently live in Llwynypia.

Publication date: October 2024

Extent: 240 pages



#### Artificial by Alan Leibert

#### Sci-fi

Technology is just a tool to permit humans to perform new tasks as well as existing tasks better, faster and cheaper. However, as technology improves, so do the opportunities for its use in more divergent ways as a force for both good and evil. The book delves into the inevitable clash of these opposing forces, painting a vivid picture of the technology wars that loom on the horizon, seemingly unstoppable by human intervention alone.

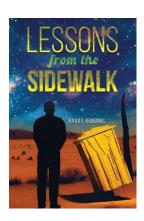
Amidst this battle, AI emerges as a potential bridge between the warring factions. However, the biases instilled in AI by its human creators raise the question of whether it can truly serve as an impartial mediator or if it will simply choose sides based on its own discretion. The author ponders whether granting AI the autonomy to develop new capabilities, free from human control, is the key to overcoming the forces of evil or if it is a case of jumping from the frying pan into the fire.

This book takes readers on a captivating journey, examining the potential consequences of unchecked technological progress over the coming centuries. It serves as a thought-provoking exploration of the delicate balance between the benefits and risks of advanced technology, leaving readers to contemplate the future that awaits humanity.

Barry Robbins crafts quirky, imaginative books, drawing from a rich tapestry of experiences. Having a flair for satire, his five political satires have earned three gold medals. With a 26-year tenure as an accountant for an international firm under his belt, he took a bold leap, relocating to Finland's tranquil shores. Barry's imagination, sharpened during his 12-year stay in Finland, now fuels his storytelling, already acclaimed with a gold medal. Residing in sunny Florida, far from the snowy Finnish landscapes, Barry continues to weave tales that blend humor, insight, and creativity. His writing invites readers on a journey through vividly imagined worlds, reflecting a life spent exploring the contrasts and wonders of diverse cultures.

Publication date: October 2024

Extent: 240 pages



## Lessons from the Sidewalk by Barry Robbins Short Stories

Lessons from the Sidewalk is a mesmerizing exploration into the extraordinary within the ordinary. Follow icons like Leonardo da Vinci, Winston Churchill, and Alfred Hitchcock as they stumble upon everyday objects. Each encounter, from Napoleon Bonaparte's confrontation with a tube of toothpaste to Hamlet's runin with a feather, offers profound insights into the human condition and the universality of experience.

This collection is an unexpected journey through history, the icons themselves, and our shared experiences, inviting readers to discover the deep lessons embedded in life's mundane detritus. Dive into a world where the discarded speaks volumes, and the trivial transforms into treasure. In doing so, uncover the hidden wisdom of ages past and present, seeing life's minutiae through the discerning eyes of history's most remarkable figures.

Don't miss this chance to see history's greats – and perhaps even yourself – in an entirely new light, redefining the way we perceive the world around us.

#### **Author:**

Barry Robbins crafts quirky, imaginative books, drawing from a rich tapestry of experiences. Having a flair for satire, his five political satires have earned three

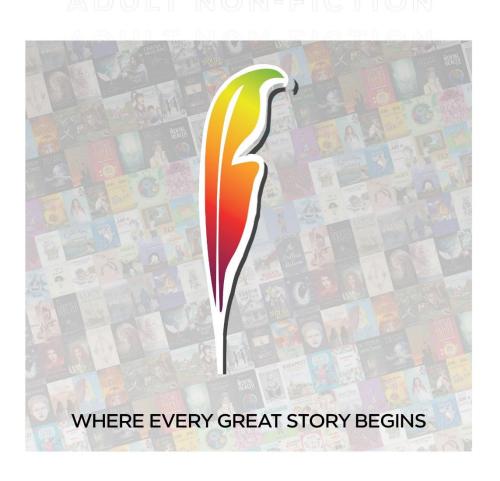
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Publication date: October 2024

Extent: 240 pages



# ADULT NON-FICTION







### How to Conquer Your Negative Emotions by Rand Emad Social Science

As you awoke this morning, what emotions stirred within you? What feelings greeted you as you opened your eyes to another day of your beautifully chaotic life? Perhaps it was destiny, the free will you hold yet seldom wield, or mere coincidence that brought you to this very moment, holding this book in your hands.

How to Conquer Your Negative Emotions may possess the transformative power you seek – or it may not. The decision, ultimately, is yours. You are the keeper of this book, a fact that may hold significant meaning. As you turn these pages, remember: the journey to mastering your emotions begins with a single, mindful step.

We all deeply yearn to be heard, listened to, and understood, to be free from the loneliness of our own experiences, and instead, bring someone else along the ride, someone who can become our reflection, our mirror, that holds our secrets, our devilishness, and our divinity, however, we seldom allow ourselves to listen, listen to the sound, to the ambiance, and to the listener, to the one that transformed himself into the vessel that holds the secrets to all that is. This work is a sum up of what the listener has to say.

Publication date: August 2024

Extent: 208 pages



#### Balance by Lianne Murphy

#### Educational

For anyone seeking to navigate the maze of personal development, health, and well-being, *Balance* offers an undeniably unique perspective. This essential toolkit seamlessly bridges the gap between ancient wisdom, modern science, and common sense, empowering readers to achieve better wellness.

By adopting a broader perspective that 'everything is connected,' wellness can be seen through a different, clearer lens. *Balance* illuminates how sleep changes body chemistry, how childhood experiences impact environmental choices, and how good nutrition affects the strength of our community, demonstrating that achieving true and sustainable balance engages far more than just mind, body, and spirit.

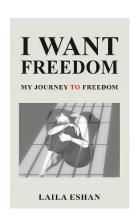
Easily accessible and packed with helpful facts and guidance on building solid foundations for happier and more conscious living, *Balance* contains invaluable science-based information, reflections, exercises, and mantras to identify and implement lasting change.

As the recommended text for The ALTR Group, this book serves as a gateway to a dynamic new framework for holistic health, perfect for beginners and experienced wellness-seekers alike.

From humble beginnings, Lianne Murphy has worked hard to achieve great success in her career as a lawyer and as a professional businesswoman. Lianne always believed that achieving her goals would bring happiness, but, having exceeded even her own expectations, she recognised that she still had a limited sense of satisfaction and happiness. When her mother astonished her oncology team by living well and with great contentment for years, despite having been diagnosed with a terminal illness and a six-month life expectancy purely as a result of focused change to her diet and lifestyle, Lianne started to explore the concept of holistic health, wellbeing, and happiness in earnest. This made her wonder: what if we applied this kind of focus to our wellbeing before we became sick? What if wellness and contentment were the goals rather than chasing success and achievement? What if we started living in happiness right now rather than making it conditional upon some other life event? A deep dive of exploration into wellness followed. Lianne emerged years later with a true understanding of how to create a healthy balance in life and how to achieve a deep and lasting sense of satisfaction. From a desire to share what she had learned to help others, this book was born.

Publication date: June 2024

Extent: 206 pages



### I Want Freedom: My Journey to Freedom by Laila Eshan Memoir

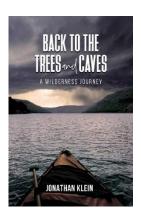
I am now certain that my purpose is to be a voice for those who are suffering at this very moment from forced arranged marriages or stuck in cycles of abuse. My past made me who I am today, and while I wouldn't wish what I've been through on anyone, I am proud of who I've become as a result. Fathers and mothers, sisters and brothers, daughters and sons, I need you: without your help, this is just an empty dream. Together, we can save some of these innocent young girls and women, who in some cases are as young as five years old. Without your help, I can't bring them to safety and provide them with the education and life lessons that will allow them to reach a brighter future. This is an issue that affects millions of women all over the world, including here in the US; we are all human, and together we can make a change.

#### Author:

Born into Afghanistan during the wake of the Soviet Invasion, Laila narrowly escaped death and war. However, the harsh realities as a woman born into the culture of her homeland was something she was unable to escape wherever she had sought refuge.

Publication date: September 2024

Extent: 186 pages Rights available: All rights



### Back to the Trees and Caves: A Wilderness Journey by Jonathan Klein

#### Memoir

After dedicating over three decades to managing wilderness areas for the USDA Forest Service, Jonathan Klein comes to a sobering realization: the wilderness within the lower forty-eight is, at best, a theatrical semblance of the real essence of wild. Upon retirement at age sixty, Klein embarks on a solo canoe journey across the untamed expanses of northern Canada, yearning to uncover the authentic wilderness that eludes him. Back to the Trees and Caves unfolds this riveting 700-mile adventure from Saskatchewan to Hudson Bay, across landscapes untouched by time.

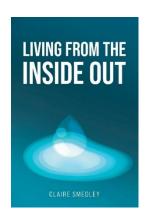
The voyage is far from tranquil. Klein battles violent storms, navigates raging rapids, and crosses lake expanses that mirror oceans. After seven grueling weeks, an utterly exhausted Klein reaches Churchill, Manitoba, but not without facing a life-and-death encounter with an apex predator, a confrontation that brings him face to face with the harsh yet majestic reality of the wild.

As Klein paddles through the endless miles, the journey morphs into more than a physical quest; it becomes a conduit for profound reflections on the intrinsic value of wild places. Not just for the wandering souls of humans, but as irreplaceable havens for the myriad wild creatures that inhabit them. The narrative encapsulates Klein's evolving insights on the sanctity of these landscapes and the imperative to shield them from the unrelenting grasp of human consumption.

Jonathan Klein was not born in the right place. Raised in San Francisco by a single mother determined to mold her only child into a sophisticated urbanite, he instead surrendered to an innate ferality. Moving to Montana as a young man, Jonathan found work as a ranch hand and later discovered his true calling as a wilderness manager for the USDA Forest Service. His adventurous spirit has led to a slew of dubious exploits including hopping freight trains, a very short stint as a rodeo rider, bull fighting in Portugal, and several expeditions by canoe and kayak to the far north. Jonathan lives in Montana with his wife, Marianne, and a couple of cats.

Publication date: June 2024

Extent: 254 pages



### Living from the Inside Out by Claire Smedley

#### Lifestyle & Leisure

At some stage, many of us face a moment of reflection, looking in the mirror and wondering what happened to the carefree, dream-filled child we once were. It's common to question whether it's too late to pursue those dreams that once sparked such joy in our hearts.

Living from the Inside Out poses a crucial question: Do you see life as something that happens to you, or do you believe that you actively shape your own destiny? This book challenges the belief that we are mere victims of circumstance, presenting an empowering perspective. It delves into the age-old quest to understand the extent of our influence over our lives. Are we reactors to what life throws at us, or creators of our own path? Interestingly, these roles are composed of the same letters, just arranged differently. This metaphor serves as a reminder that we have the power to rearrange our perception of ourselves and the world around us, thereby actively creating our lives from the inside out, breathing life into dormant dreams, and moving beyond stress and dissatisfaction.

Author Claire Smedley introduces readers to the Kosha Roadmap, an ancient yogic model for living a fulfilling life. With her two decades of experience, Claire revitalizes this ancient wisdom, giving it a contemporary twist that is accessible to everyone. This book promises to transform your understanding of yourself and your life, serving as a guide to lasting happiness.

Claire Smedley currently lives in Thailand with her husband after embarking on a nomadic lifestyle mid-pandemic. Selling almost everything they owned, they set off on an adventure and freed themselves from physical ties. They reached Thailand, fell in love with it and haven't left. She has one grown-up son, now living the dream as a ski instructor in Switzerland.

Claire has always been fascinated by what it is to be human, a healthy human—in body, mind and spirit. Following a love of science, she got her degrees in biochemistry and chemistry and then began to explore Eastern concepts of health, spirituality and well-being.

Claire was a senior yoga teacher and trainer for almost twenty years and has taught subconscious experiencing for about seven years. She has always had a passion for the less taught aspects of yoga philosophy and breathwork and in 2022 qualified as a Pause Breathwork facilitator—a transformational form of breathwork that helps individuals feel safe and fully present with the whole spectrum of their emotions, traumas, and old wounds.

Following her own self-directed recovery from Hashimoto's Thyroiditis, an autoimmune disease, and lifelong irritable bowel syndrome, she pivoted for a few years to help other women who felt frustrated and disempowered by their autoimmune diseases. She is a qualified Integrative Nutrition Health Coach, with specialisms in gut health and the Autoimmune Paleo Approach (AIP). This period of her life gave rise to her first book, *Nutrition-New Story-New You:*Cookbook-Delicious Recipes and Your Guide to Avoiding the Common Pitfalls of the AIP Diet, which she co-authored with Sue Persad-Patel.

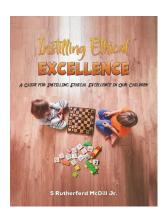
Her work as a health coach brought her full circle back to the kosha model and the perspective that you cannot have great health by only focusing on the body, and that led directly to the desire to write this book.

Claire blends nutrition, yoga, meditation, self-enquiry, subconscious experiencing and breathwork to help people fulfil their potential in life. She works from the premise that there can be no physical health without emotional, mental, and spiritual health, aligned with an intrinsic sense of purpose, unique to each individual.

Claire remains first and foremost a student of life; a teacher second. She is her first and most important client and is committed to walking the inner path so she can help others from experience rather than theory.

Publication date: July 2024

Extent: 228 pages



#### Instilling Ethical Excellence by S Ruherford McDill Jr.

#### Social Science

In a world seemingly characterized by ethical subjectivism, relativity, and ambiguity, it is crucial that we equip our children with the necessary tools to navigate life intelligently within a firmly built framework of ethical and moral values. Before setting them free, we must ensure they possess the sharp intellectual skills required to make intelligent ethical decisions. Such a framework is constructed through parental example and decision-making skills training and practice. Children as young as Kindergarten through Sixth Grade are smarter and more absorbent than you may think. They can learn through both teacher and parental example and thinking skills training. This roadmap serves as a guide for teachers and parents alike, helping them navigate the maze called early childhood education and parenthood, ultimately providing their children with the foundation they need to make sound ethical choices in an increasingly complex world.

#### **Author:**

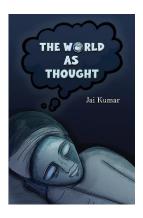
As a clinical psychologist, Dr McDill has spent his life at the intersection of human behavior and ethics. Alongside his clinical practice, which extends to both correctional and non-correctional settings, he has taught psychology and ethics at various colleges and universities in the Southern California region.

Publication date: October 2024

Extent: 186 pages

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### The World As Thought by Jai Kumar Philosophy

What explains the existence of the world and our place in it? Is there a primal cause beyond our comprehension because our intelligence is part of the very world we seek to understand? The author asserts that such a cause exists and identifies it as what ancient Indian thinkers termed the End of Knowledge.

Far from simply reporting this concept, the author develops profound insights through inspired discussions, leading to two kinds of startling conclusions. First, these insights offer a new, deeper understanding of our own nature. Second, they present a sweeping revaluation of the nature of universal Space, Time, and Matter. Notably, the author details and explores the profound implications of the idea that time does not progress in a real sense.

This book serves as an introduction to rationality within spiritual belief, paving the way for a harmonious integration of reason and spirituality.

#### **Author:**

Georg Sieberer alias Jaya Kumar. Born in 1940. At the age of 22 broke off his studies at the University of Vienna to go to India, in quest of a 'higher truth'. There, under the name Jai Kumar, he became an ascetic monk and follower of devotional Vaishnavism, the religion of the world sustaining god, Vishnu. Taking his devotional practices as a stepping stone to primarily aspire for knowledge of transpersonal divinity. Upon the death of his guide, he was compelled to return

to Europe after 12 years. Jay published, in German, the book Du bist der Einzige Ausweg (= You are the only Way Out), which reflected his personal experiences as a devotee. From then on he was almost exclusively engaged in philosophical reasoning about the roots of our personal being and, in sequence, on the background of physical reality as understood by science.

Throughout these post-Indian years, I have had practically no contact with persons who would have followed not to say shared my observations. To sustain myself I found jobs, which left me sufficient time to think and to write down my findings. The recently published German book Der Weltgedanke is my first attempt to make a part of this accessible to others, the here presented similarly titled manuscript is my own translation of the German book into English with some modifications and additions. Though I have approached my topics in a popularly accessible form, I wonder if the book will find more than precursory readers: Aside from the demerits of my presentation, worldly reality is too hardboiled to easily reveal the taste of its inside yoke.

Publication date: October 2024

Extent: 188 pages



### Natural Born Swimmers by Katerina Hamsikova Self-help

The ultimate swimming guide for parents-to-be. Look forward to the experience of childbirth!

Learn how to manage and work with labour pain which is the biggest fear for most of the mothers to be. It will teach you how to use it as your helper, not an enemy.

It will give you a new perspective of imagining a childbirth, followed by baby and pre-school swimming programs and exercises at home and swimming pool.

These are based on games so your child doesn't even think that he/she is learning swimming techniques and will just have fun. This is a new philosophy of swimming.

Katerina Hamsikova (Kate) is a real mermaid in my eyes; the water is her second home. She has been doing freediving since 2008 all around the world but mainly in Ireland where she swims with her best friend, wild dolphin Dusty. Her passion and love while moving freely in the water and playing with the dolphin will make you think that she is really part of the underwater kingdom.

Publication date: August 2024

Extent: 218 pages



## Talk Like Nature by Danny Oceans Philosophy

Nature is the leading speaker, the silent, yet most talented and accurate creator in this realm of physical reality. We observe Nature and, in most encounters, do not grasp the true nature of Nature. Comprehending the manner by which Nature speaks its expression into forms of life, is our personal path towards us mastering our own natural way of life-manifestation.

Talk Like Nature is the stepping stone towards capturing the profound, yet unknown, existing alignment between Nature's characteristics and specific words in the human language. The book guides its explorers towards the unseen Nature-like manner of pure manifestation by revealing and teaching Nature's behaviour and by correlating Nature's outward projection of its inherent characteristics with specific words in our language.

Talk Like Nature leads to the comprehension of which words within our language harbour the most Nature-aligned elements; it allows its readers to become aware of the small, yet very significant nuances within their expressions and accentuates a way of communication oriented in line with Nature's characteristics.

The personal awareness and utilisation of this natural speaking manner channels the spoken and written words in the most Nature-like, successful fashion, thus establishing a significant improvement and a natural elevation of anyone's life's

vitality.

Danny Oceans delivers a profound and unique new vision upon spoken and written words. His work is all about the comprehension of communication and subsequently utilising the power of words by using intention-oriented speech patterns in daily expressions. He teaches the process of Words-Thoughts-Beliefs-Life, the mechanism of manifesting greater and more accurate results, by becoming aware of expressions and words and by adjusting and aligning them, in accordance with both the initial vision and nature's characteristics. Danny's intention is to reveal the various ways of improving any individual's life through the establishment of new habitual speech patterns that will be expressed as satisfying results in all aspects of life and are truly aligned with the initial intention of the speaker.

Publication date: September 2024

Extent: 136 pages



#### New Secrets for Success in an AI World by Terran James Educational

#### 'ACCELERATING CHANGE IS OUR FUTURE

This book examines the most pressing AI questions.

What are the risks associated with AI?

What is changing first: job displacement or job creation?

What are the most significant benefits of AI in the short and long term?

What is the timeline for AI-driven change?

Who will be affected most by AI changes in the world?

Who will be affected the least by AI?

What opportunities lie in future changes?

What does the future look like in the short, mid, and long term?

What are the most significant new evolving trends in AI?

What are some of the AI advancements in healthcare?

What are the secrets to future success in an AI world?

What is the next wave of AI start-ups?

What is the simplest way to monetize AI?

How is AI going to affect the financial system worldwide?

How will AI affect warfare worldwide?

How soon will we see AI personal companions?

What is augmented eternity?

And much much more...

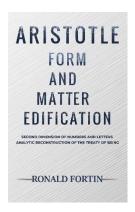
#### Author:

Terran often resides at no fixed address in the Caribbean aboard a sailboat. Terran spends his free time tracking and writing about cutting-edge technologies.

His first book, titled Money and Success is Mind Over Matter, was published in 2015 as a tool for success for his sons. Terran carries forward the subject of success in this exciting new book, New Secrets for Success in an AI World.

Publication date: October 2024

Extent: 84 pages



## Aristotle: Form and Matter Edification by Ronald Fortin History

Aristotle: Form and Matter Edification offers an in-depth exploration of Aristotle's central metaphysical concepts. This scholarly work meticulously reconstructs Aristotle's theories, presenting them through the rigorous lens of analytic geometry and metaphysics. Fortin successfully bridges ancient philosophical thought with modern scientific inquiry, making complex ideas accessible and relevant for contemporary scholars.

In this treatise, Fortin delves into the intricate relationship between form and matter, which lies at the heart of Aristotelian ontology. He thoroughly examines Aristotle's notions of substance, expanse, and quantity, elucidating how these foundational principles underpin existence and change. The text traverses various dimensions of being, from the indivisible unity of numbers to the tangible perceptions of visual and auditory experiences, offering a comprehensive understanding of Aristotle's enduring impact on both ancient and modern science and philosophy.

Aristotle: Form and Matter Edification is an essential read for serious students of philosophy and science, providing a rigorous and thoughtful analysis of Aristotle's work.

Publication date: October 2024

Extent: 158 pages



## The PI $(\pi)$ Cycle Secret of the 360-days Year Calendar by Alfred Isaac Bageya

#### History

In *The PI* ( $\pi$ ) *Cycle*, discover the fascinating history of the ancient calendar and how it was ultimately changed by the will of God. Follow the story of King Hezekiah of Judea, whose life was extended by 15 years, and learn about the ground-breaking calendar reforms of Julius Caesar. Explore the observations of ancient astronomers, including the Egyptians and Hipparchus, and how they tracked the length of the year. Uncover the mysteries of how the earth generates natural time at God's command and how it was altered to accommodate King Hezekiah's request. This thought-provoking book will leave you marvelling at the power of God and the complexity of time.

#### Author:

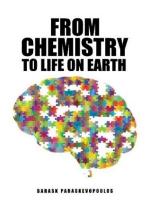
Alfred Isaac Bageya holds a college degree in electronics engineering technology with additional training in information technology at York University in Toronto Ontario, Canada. He has worked in various roles in telecommunications systems manufacturing, computer hardware, software support and quality assurance.

He got involved with the Royal Astronomic Society of Canada's Toronto chapter to learn how to build telescopes but fascinated by time measurement problems. He created a simple formula for computing PI  $(\pi)$ , which he later transformed into "The General Equation of Time".

He is semi-retired, pursuing his interest in time measurement and other problems that have been largely ignored by mainstream science for years.

Publication date: July 2024

Extent: 90 pages Rights available: All rights



#### From Chemistry to Life on Earth by Barask Paraskevopoulos Educational

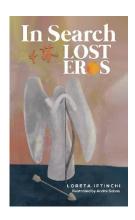
From Chemistry to Life on Earth presents a compelling, evidence-rich narrative that demystifies the complex chemistry and physics underpinning the genesis and evolution of life. This book offers a cogent explanation for the intricate development of the genetic code and the ribosome, central to our understanding of life's molecular machinery. Rich in illustrative examples, the text delves deep, supported by an extensive array of scholarly literature, transcending mere conjecture to provide a robust, well-founded account of one of science's greatest enigmas. Join us on a journey from the elemental to the existential, exploring how life as we know it is anchored in the bedrock of scientific phenomena.

#### Author:

Barask Paraskevopoulos was born in Athens, Greece, and migrated with his parents from one year of age to Melbourne, Australia. Six years of studying medicine at Monash University, a science degree in cell biology and pharmacology at Monash as well as a Bachelor of Arts degree in English Literature and Criminology at Melbourne University together with a lifelong interest in biology and biochemistry put him in good stead to tackle the difficult scenario of life's origin.

Publication date: June 2024

Extent: 268 pages



#### In Search of the Lost Eros by Loreta Iftinchi

#### Politics & Philosophy

In Search of the Lost Eros is a meditation on love and its challenges in our modern times. This book pairs literary and philosophical quotations from many renowned authors with the author's own reflections trying to create a framework for contemplation on the predicament of love today.

What is love, really? What is the cosmic Eros that 'moves the sun and the other stars'? Is this the same love that forms the essence of our deepest being? Is falling in love a form of madness? Is love blind or visionary? Does it inevitably cause suffering? And what about marriage – must we stay together at all costs until death do us part? What are the challenges of sexuality today? What distinguishes erotic art from pornography?

These are some of the questions this essay seeks to explore, offering answers that are necessarily incomplete, while hoping to inspire readers to gain their own insights into these inexhaustible topics.

Mystics of the major spiritual traditions have always maintained that our spiritual essence is love and that we ultimately cannot lose it. Yet, many modern individuals feel that genuine love is missing from their lives. This book aims to make a modest contribution to rediscovering some of the lost Eros that we all so ardently long for.

Loreta Iftinchi (born 1969) quit in 2015 after 20 years her work as a psychiatrist, because over the years she found today's psychiatric approach too reductionist in relation to the complexity of the human psyche. She has always been interested in a broader, spiritual perspective on life and passionately explored the bridge between psychological and spiritual thinking.

Publication date: October 2024

Extent: 162 pages



Survival: A Story of Friendship by Alice Weil

#### War

It is a true story based on 13 years of research: the story of friendship between a Jewish boy, Freddy and his Christian friend, Helmut (who are separated by the political turmoil of the aftermath of the First World War in Germany), who obliged Freddy and Freddy's family to seek refuge in France. It is also the story of friendship between Freddy and George, Freddy's classmate whom Freddy meets in school in Paris. Moreover, it is also the story of Sigmund, whose patriotic blindness impacted his and his family's life; the story of Nellie, who left Germany for Colombia before Nellie's parents sought refuge in France and whose mission would be to reunite the family in a peaceful and friendly country.

Furthermore, the novel also emphasises the emotional costs of the First World War and its indirect result on the onset of the Second World War.

Alice is half-American and half-German. She grew up in Colombia and attended a French and German school, therefore being fluent in four languages. She has three children and seven grandchildren. After having travelled all over the world, she immersed herself in the spiritual teachings of India and lives by these teachings which have enabled her to serve others thus living her Dharma, or life's purpose. This is her first novel.

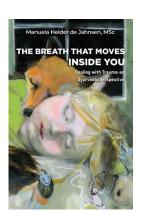
#### Other titles by Alice Weil: Survival: A Story of Friendship / Part Two

#### **Kidnapped**

#### Mother Nature and the Agent

Publication date: July 2019

Extent: 432 pages



### The Breath that Moves Inside You by Manuela Heider de Jahnsen, MSc

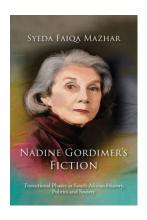
#### Health Lifestyle & Leisure

In a world where trauma has become a common explanation for distress, anxiety, and depression, conventional medical approaches often fall short in providing personalized care and listening to individual narratives. Manuela Heider de Jahnsen presents a unique perspective in her book, drawing from the ancient healing systems of Ayurveda and Yoga to navigate the complexities of symptoms, behavioral changes, and safe treatment options.

Through her 40 years of dedicated work caring for traumatized patients, Manuela offers profound insights into human consciousness and a pathway to recovery. Going beyond the limitations of conventional medicine, Ayurveda and Yoga meet individuals where they are, providing personalized care and showing ways towards healing and renewal. In this transformative book, Manuela's compassionate approach shines a light on the horizon, offering hope and guidance for those seeking a holistic understanding of trauma and a path to lasting well-being.

Publication date: February 2024

Extent: 290 pages



#### Nadine Gordimer's Fiction by Syeda Faiqa Mazhar

#### Autobiography

Nadine Gordimer's Fiction is a major study of the life and writings of Nadine Gordimer, a towering figure in the literary and cultural life of South Africa in the late 20th and early 21st centuries, recognised for her fiction through several prizes, most notably the 1991 Nobel Prize for Literature. It has the makings of a guide, taking the reader through the complexities in Gordimer's life, literature, and society, backed by academic research (doctoral and postdoctoral) and informed by Dr. Mazhar's study visit to South Africa, including a face-to-face interview with Gordimer. The reader gets a rich picture mediated by the author's own intellectual journey from Pakistan - the country of her birth - and the United Kingdom. Dr. Mazhar maps the complexities of colonialism in South Africa and beyond in different forms, most notably in the legislated discrimination based on race/ethnicity, Apartheid (1948–1994). Covering the literary writings and political activism of Gordimer both during and after Apartheid, the book provides the reader with a detailed account of individual works of fiction, and vistas of critical thought and action that serve as their source and backdrop.Dr. Mazhar draws on the cultural theories of Homi Bhabha, especially on the notion of The Third Space, a fictional space/borderland between social and political polarisations, which allows for reflection, refinement, and re-action that is transformational and psychologically uplifting. She demonstrates that Gordimer takes her characters through such spaces, which allow for a transformational experience that leads to perspectives/realisations that were missing as a result of constraints that were externally imposed by law and tradition and interiorised as a survival mode. Dr. Mazhar concludes that Gordimer gracefully articulates her vision for a world free of complexities, which

one must strive for. Although the book presents the academic analysis of Gordimer's fiction and the memoir as separate parts, there are organic connections between the two, which link the social ethos, political struggles, varied ideological perspectives, and ethnic and trans-ethnic identities from which Gordimer draws her subjects and their lives and depicts them through appropriate narrative techniques. Nadine Gordimer's Fiction is a welcome addition to books on author studies, literary criticism, and South African culture and society. It offers excellent material for both academic and non-academic readers. The style of writing used in the book is clear and simple, yet powerful. This can help the reader to appreciate the enormous achievement of Gordimer, which has established her as a major literary figure in South Africa and beyond. Dr. Balasubramanyam Chandramohan PhD (Shef), FHEA, Senior Research Fellow, Institute of Commonwealth Studies, School of Advanced Study, University of London.

#### Author:

Syeda Faiqa Mazhar's academic journey has gone through many transitional phases. She achieved an M.A. degree in English Language and Literature to add to her M.Phil./Ph.D. research studies. During this phase of life, she discovered her passion for post-colonial literary discourses. This led to exploring themes of race, borderland, and identity with an exclusive focus on Nobel laureate South African writer Nadine Gordimer's fiction. This book is an outcome of Dr. Mazhar's post-doctoral project conceived and researched during her Visiting Research Fellowship at the Institute of Commonwealth Studies, School of Advanced Study, University of London, United Kingdom.

Publication date: December 2023

Extent: 394 pages

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